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ABOUT LINDA TELLINGTON –JONES AND TELLINGTON TTOUCH®



Linda and Bint Gulida

Teacher, author, animal and human therapist, Linda Tellington-Jones, has earned all of these titles over the course of her sixty-year career. Hailed by animal lovers, top trainers and competitors in the equestrian world, veterinarians, physicians, and research scientists, Linda's revolutionary Tellington Method, is transforming the way we approach, understand, accept, benefit and care for those around us, animal and human.

Linda has been linked to a variety of horse breeds over her lifetime but it was her affiliation with Crabbet Arabian horses that shined the brightest light on her early career. Beginning with her association with Mrs. John Ott and her daughter, Jane Llewellyn Ott, Linda began training Arabians in Southern California as far back as the 1950s.

In search of the ideal horse for endurance competition, she and her then husband Wentworth Tellington sought out the notable mare that amplified Linda's career. It was Bint Gulida, who was bred by Dr. John L. and Ellen C. Doyle of Doyle Arabians in Sigourney, Iowa. The daughter of Gulida, by Ghadaf who was by Gulastra of the Saklawi Jedran Ibn Sudran strain, she had a straight Egyptian lineage from the Crabbet Stud in Sussex, England. Bint Gulida's bloodlines are savored in Al Khamsa, Inc. and are described as Asil, or Blue List favored by the Doyle Arabians.

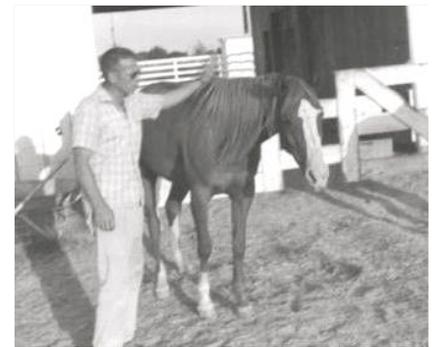
With Linda aboard, Bint Gulida became the first horse in modern day endurance riding history to finish two 100-mile rides in one year. First was a top-ten finish at the grueling Tevis Cup 100-Mile Ride, and four weeks later, the duo set the record at the Jim Shoulder's 100-Mile Ride in Moore, Oklahoma, winning by 5 ½ hours. As the dam of sire Cougar Rock by Bezatal, Bint Gulida also established herself as a foundation mare for endurance horse prospects that are still respected today.

From Bazy Tankersley's Al-Marah Arabians, Linda received Al-Marah Rainbow, a grey mare that was deemed untrainable. Soon Rainbow became a champion in Linda's hands, including a Tevis Cup 100-Mile Ride completion. She also trained Skowreym, a grey stallion owned by Tish Hewitt of Friendship Farms, in Illinois, who finished both 50- and 100-mile rides. He was later leased to the Chincoteague Volunteer Fire Department in the 1960s. Linda continued to show Arabians in Three-Day-Eventing and in endurance rides.

Through a series of monthly newsletters and nationwide magazine articles, Linda influenced thousands of people internationally while promoting the qualities of Arabian horses during her years directing the Pacific Coast Equestrian Research Farm located in Badger, California. Combined with her innovative School of Horsemanship and holding symposiums, it was an ideal setting to educate students about the remarkable and diverse qualities of the Arabian breed.

This became the foundation of her pioneering work of Linda Tellington-Jones, PhD (Hon), which has its roots in a philosophy that sees all beings -- humans and animals alike -- as reflections of a Divine Whole. The *Tellington Method* was first created 4 decades ago as a system of animal training, healing and communication that allows people to relate to animals in a deeper, more compassionate way -- a way that furthers inter-species connection and honors the body, mind and spirit of both animals and their people. The Tellington Method utilizes a variety of techniques of touch, movement and body language to affect behavior, performance, and health, and to increase an animal's willingness and ability to learn in a painless and anxiety-free environment.

Linda's highly effective and revolutionary approach to working with animals brought her world-wide recognition, and it was out of this success that *Tellington TTouch®* for human healthcare has arisen, emerging as an important addition to the increasingly respected world of alternative healing practices.



Went and Bint Gulida

First developed in the 1970s, the method for horses was originally called *TTEAM* (Tellington TTouch Equine Awareness Method). In the 1980s, the Tellington Method broadened to include the world of companion animals, developing techniques that deepen mutual trust and understanding and strengthen the human/animal bond. During this period, Tellington TTouch was also introduced as an effective and valuable method to reduce stress in wild life rehabilitation and to enhance the well-being of animals in zoos.

As an internationally acclaimed authority on animal behavior, training and healing, Linda has given presentations and demonstrations of the Tellington Method at veterinary conferences, universities, equestrian expositions, North American Handicapped Riding Association and the Delta Society world conferences, therapeutic riding associations, Olympic training centers, wildlife rehabilitation conferences, and zoos throughout the world.

Linda has also brought TTouch into the world of humans, teaching weekend and week-long workshops over the past 30 years in programs for individuals and their family members, as well as for health-care professionals. She has been a visiting faculty member at the University of Minnesota where she began teaching Tellington TTouch for humans in 2002. Tellington TTouch was included in the research program at the University of Minnesota's Center for Spirituality and Healing. The results of Tellington TTouch studies on humans by Cecilia Wendler, PhD, RN, CCRN have been published in 3 prestigious professional nursing journals and the *Journal of Applied Animal Welfare Science*.

Through her non-profit organization, Animal Ambassadors, she supports projects of children working with animals to enhance understanding, compassion and quality of life for both humans and animals.

Publications: Linda has written twenty-one books about the Tellington Method which have been printed in fourteen languages. She has two books exclusively for humans, TTouch for You (in German only) and her most recent book: TTouch for Healthcare: The Health Professional's Guide to Tellington TTouch.

Videos: Eighteen videos relating to horses, dogs, cats, and llamas have also been released.

TTouch Practitioners: There are more than two thousand practitioners of the Tellington Method in thirty-one countries, as well as Tellington Method Certification programs in Austria, Canada, France, Germany, Japan, Netherlands, Switzerland, Slovenia, South Africa, the U.K. and U.S.A.

Awards:

In 2019 Linda Tellington-Jones was recognized by the honor of receiving the internationally acclaimed Sri Chinmoy Oneness Home Peace Run Torch-Bearer Award - nominated for this award because of her lifelong devotion to the development of a heart-based method that nurtures a unique, peaceful connection between animals and people. Linda is the only recipient of this honor who works with animals.

In 2007 she was awarded an Honorary PhD from Wisdom University

In 2006 she was inducted into the Massage Hall of Fame.

Awards include the 1994 Horsewoman of the Year Award from the North American Horsemen's Association, the 1992 Lifetime Achievement Award from the American Riding Instructors Association and the 1969 Award for Creative Citizenship from the State of California.

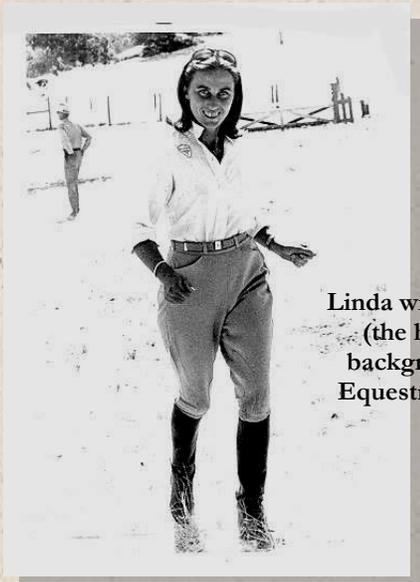
Promotion: Linda and her work have been featured many times in prime-time television in North America, Europe, United Kingdom and Australia and featured in innumerable publications. In North America these include, including Equus Magazine; Practical Horseman; Modern Horse Breeding; Horseman; Good Dog; Trail Blazer; Arabian Horse World; Massage Therapy Journal; New Age Journal; Woman's Day; ASPCA Report; American Way; American Kennel Club Gazette; Horses Illustrated; United Airlines Magazine. Major newspapers and magazines and well as horse, dog and cat publications in Europe, United Kingdom, South Africa, Australia, Canada, Hungary, France have covered the Tellington Method over the past

Vision and Outreach: Linda's passion is for spreading her message of understanding and compassion for animals and their people through her website, videos, Private Facebook Community and certified Tellington practitioners teaching in 37 countries. For more information on the Tellington Method visit Linda's website at www.TTouch.com

Tel: (866) 488-6824
(866) 4-TTouch



**Linda and Lothar
*Fadl x Habba**



**Linda with Matthew Mackay-Smith
(the horse show judge) in the
background at the Pacific Coast
Equestrian Research Farm Horse
Show in 1967**

BIOGRAPHICAL HIGHLIGHTS

Resides in Kona, Hawaii with her husband, **Roland Kleger**.

ACHIEVEMENTS & AWARDS

Achievements:

- Founder and President of Animal •Ambassadors International since 1985
- Founder of TTEAM -Tellington Touch Equine Awareness Method (TTEAM) –1975
- Founder of Tellington TTouch for Animals – 1983; Human Tellington TTouch - 1984
- Graduated from the 4-year Feldenkrais Professional Certification Program at the Institute of Humanistic Psychology in San Francisco – Taught by Dr. Moshe Feldenkrais, 1978
- Citizen Ambassador to the former Soviet Union for Esalan Institute-working with Olympic Team, veterinarians, zoo and Academy of Science 10 times from 1984 to 1987
- Community Faculty Member of University of Minnesota—2002 to present; Community faculty for the Tellington TTouch for Humans course, offered through the Center for Spirituality and Healing every summer (2 credits, graduate minor).
- Co-founder and director of Pacific Coast Equestrian Research Farm and School, Badger, California 1964-74
- International coordinator - Great American Horse Race- NY to CA 1976
- Consultant for US Equestrian Endurance Team at World Championships in Front Royal, Virginia-1987, Kansas-1997, France-2001
- Consultant and TTouch support for all 16 countries having horses and riders competing in the equestrian Paralympics in Atlanta
- Currently has centers for the Tellington Method in US, Canada, Austria, Germany, Switzerland, Italy, UK & South Africa
- Lecturer at Veterinary Schools at: University of Zurich (4 times); Hannover (2 times), Minnesota (3 times), Vienna, North Carolina and California at Davis, California
- Presented TTouch at Zoos at: Los Angeles, San Diego, Cincinnati, Toledo, Washington, DC, Louisville, Zurich, Frankfurt, Moscow, Johannesburg
- Presenter at veterinary conferences: American Holistic Veterinary Medical Association in Minnesota and Hawaii, Munich, Germany.
- Conference Presentations at
Delta Society for the Human Animal Bond – 7 times
North American Riding for the Handicapped Association- 3 times
International Association for Human/Animal Bond – Monaco
Consultant for Japanese International Racing Association,
10 days of daily seminars
- Keynote Presenter, Horse Expos:
Equitana, Germany, 14 times from 1975 to 2013
Hansapherd, Hamburg, Germany, 5 years
Equine Affair 4 years
Other numerous venues
- There are more than 1500 certified Tellington Method practitioners in 27 countries.
- Inducted into the Massage Hall of Fame in 2007
- Received an Honorary PhD from Wisdom University 2008
- Named Director of the Institute for Interspecies Communication – Wisdom University 2008